目 录 / Table of Contents

序 *Preface*

序

Preface

齐志军老师，八十年代得闻佛法，闻即信受，后依止元音老人修学佛法心中心，1990年尊老人所嘱为学人灌顶传法。老人圆寂后，曾以“LVM”网名于网络主持佛法心中心论坛，随机应器，为学人解答疑问，解粘去缚。所写《锯解秤砣》、《心坛撷英》两书由宗教文化出版社出版发行。	Teacher Qi Zhijun encountered the Buddhadharma in the 1980s and immediately accepted it with faith. He later studied the Heart-of-Heart Dharma under Master Yuanyin. In 1990, at the elder master’s instruction, he began bestowing empowerment and transmitting the Dharma to students. After Master Yuanyin passed away, he moderated an online Heart-of-Heart Dharma forum under the screen name “LVM,” answering students’ questions according to their needs and capacities and helping them let go of attachments and free themselves from bondage. His two books, Sawing Open a Steelyard Weight and Selected Gems from the Mind Altar, were published and distributed by Religious Culture Press.